



### DEFEATING FEAR DURING THE CORONAVIRUS CRISIS Mike Prah – April 5, 2020

The Lord, the Lord is my shepherd, and I shall not [be in] want. And even though I walk through the valley of the shadow of death, I will fear no evil for You are with me." Psalm 23:1, 4

# 1. REMEMBER THIS WILL PASS

"Dear friends, don't be surprised or shocked that you are <u>going through</u> testing that is like walking through fire" I Peter 4:12 (CEV)

"For our present troubles are small and <u>won't last very long</u>. Yet they produce for us a glory that vastly outweighs them and will last forever!" 2 Corinthians 4:17 (NLT)

## 2. REMEMBER TO FOCUS ON WHAT IS UNCHANGING

- 1. God sees everything I'm, going through (Matthew 10:29-31)
- 2. God cares about everything I'm going through (1 Peter 5:7)
- 3. God has the power to answer prayer (Ephesians 3:20)
- 4. God always acts out of His goodness to me. (Romans 8:28)
- 5. God's plan is always better than my plan (Isaiah 55:8-9)
- 6. God will never stop loving me (Romans 8:38-39)
- 7. I cannot lose my salvation once I have trusted in Jesus (Romans 11:29)

# 3. REMEMBER NO MATTER WHAT I GO THROUGH GOD WILL GO THROUGH IT WITH ME!

When you go through deep waters, I will be with you! When you pass through rivers of difficulty, you will not drown! When you walk through the fire, you will not be burned up; it will NOT consume you! Isaiah 43:2

# 4. REMEMBER THIS IS NOT THE END OF THE STORY!

"We often suffer, but <u>we are never crushed</u>. Even when we don't know what to do, <u>we never give up</u>. In times of trouble, GOD IS WITH US, and when we are knocked down, <u>we get up again</u>. BECAUSE WE KNOW that God raised the Lord Jesus to life. And just as God raised Jesus, He will also raise us to life. Then He will bring us into His presence together with you." 2 Corinthians 4:8-9, 14 (CEV)

"God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away." Revelation 21:4 (NKJV)