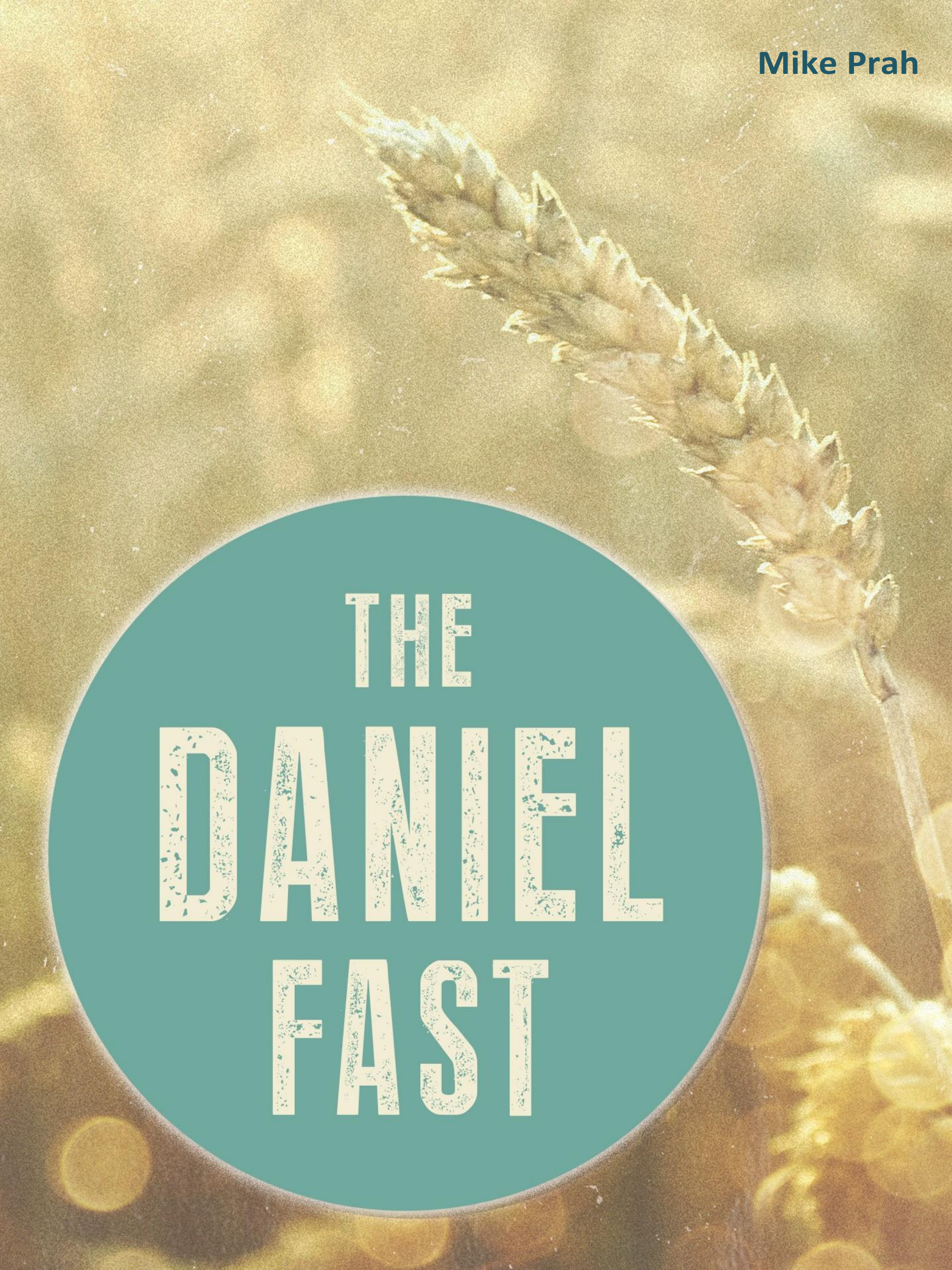
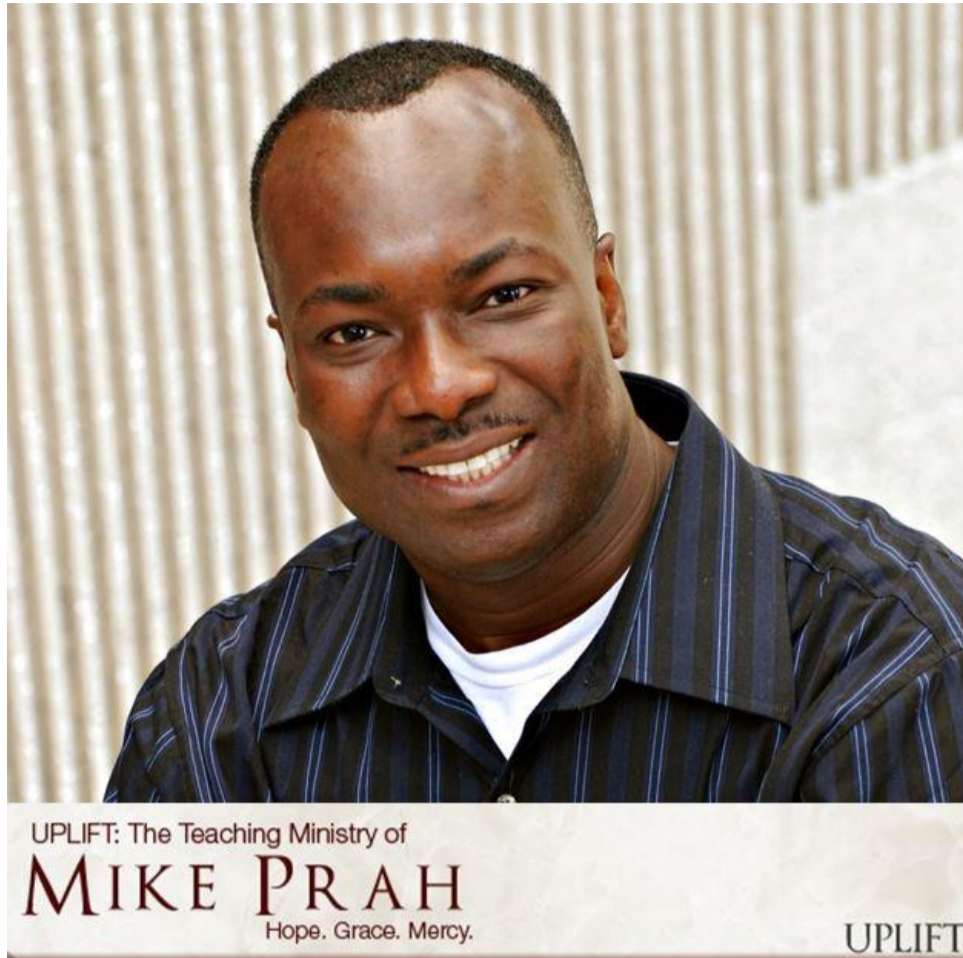


Mike Prah



THE
DANIEL
FAST



Mike Prah

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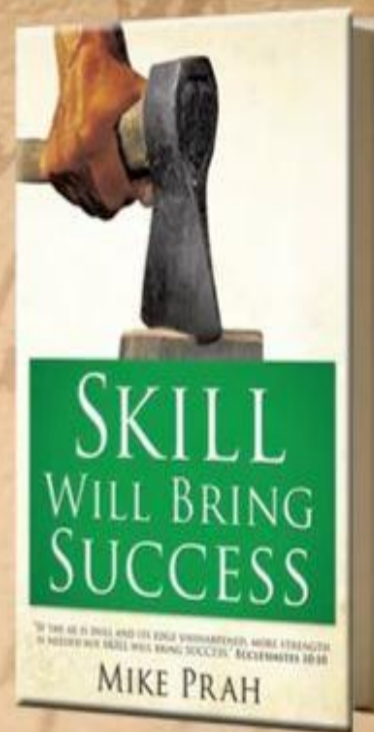
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THE DANIEL FAST

A Message from Pastor Mike Prah

God's Word teaches that many people throughout the Bible fasted regularly. Some may say, well their example doesn't mean much to us. The idea of eliminating certain items from our diet and going without many foods that we love seems strange and painful to us. Just because they did it so long ago doesn't mean we should do it now—does it?

The answer to that question is "yes." Not only through the Bible, but down through history, God's covenant people have understood the power of fasting. Fasting empowers our prayers. Fasting humbles our hearts. Fasting makes us more sensitive to the voice of the Holy Spirit. The truth is that we've robbed ourselves of one of the greatest privileges we have of real intimacy with the Lord by our neglect of the spiritual discipline of fasting.

Fasting provides many benefits to believers such as:

- Fasting enables us to humble ourselves before God. (Psalm 38:13, Psalm 69:10, 2 Chronicles 7:14)
- Fasting is a means by which a believer brings his/her body into submission to God's will. (1 Corinthians 9:27)
- Fasting changes man, not God. God is omnipotent and unchanging. (Malachi 3:6)

- Fasting breaks down the barriers in man's carnal nature that stand in the way of the Holy Spirit's control over the believer's life. (Ephesians 3:20)
- Fasting intensifies prayer and enables the believer to become more effective spiritually. (Daniel 9:2, 3; Daniel 10:1-14)
- Fasting empowers the believer to obtain deliverance, spiritual breakthroughs, answered prayers and victory. (Isaiah 58:6, 2 Chronicles 7:14, 15, 2Chronicles 20:1-30)
- Fasting prepares the believer to receive a fresh outpouring of the Spirit and the blessings of God. (Joel 2:12-29)
- Fasting has medical benefits and produces healing. (Isaiah 58:8).
- Fasting will bring peace to our land. (1 Timothy 2:1-2).

God's Word tells us that fasting is a powerful and effective way for us to draw near to God. In fact, there are seven specific reasons we're told to fast:

1. Because Jesus expects his followers to fast.

"When you fast..." (In other words, he assumes we'll fast on occasion as an part of our prayer lives) Matthew 6:16-17

2. We fast in order to get guidance.

"And when they had ordained elders in every church, and

had prayed with fasting, they commended them to the Lord, on whom they believed.” -Acts 14:23

3. We fast in order to add intensity to our prayers.

“So we fasted and sought our God concerning this matter, and He listened to our entreaty.” -Ezra 8:21

4. We fast as a sign of mourning.

“Now it came about when I heard these words, I sat down and wept and mourned for days; and I was fasting and praying before the God of heaven.” -Nehemiah 1:4

5. We fast to show humility in the presence of God.

“I humbled my soul with fasting.” -Psalm 35:13

6. We fast as an act of worship.

“She did not depart from the temple, worshiping with fasting and prayer night and day.” -Luke 2:37

7. We fast for spiritual strength.

“And Jesus, full of the Holy Spirit, returned from the Jordan and was led about by the Spirit in the wilderness for forty days, being tempted by the devil. And he ate nothing during those days” -Luke 4:1-2

The Book of Acts confirms that one of the keys to personal renewal, fruitful evangelism, and overall effectiveness in ministry is fasting with prayer. When they wanted to see souls saved and lives changed, the early church fasted.

When they wanted to minister to the needs of people with supernatural power and effectiveness, the first believers fasted.

When they needed miraculous provision, they fasted. In fact, whenever they faced personal or corporate challenges that required God's intervention, they fasted ... and God answered!

And today, almost 2,000 years later, fasting with prayer remains the key to divine breakthrough!

It's for all these reasons that I'm inviting our church family to come together and seek the Lord with one heart, one voice and one intention through a special season of prayer and fasting.

The Daniel Fast—as described through this booklet—is a 21-day fast modeled after the example of Daniel. I have followed the Daniel Fast over the years as our Church has embarked on this journey and I found these three weeks to be an incredible spiritual experience as the Holy Spirit have moved in new ways throughout my lives. I want you to be a part of this amazing journey!

Some of you are wondering why we would want to do this as a congregation. The reason is that we are a single family of faith, called to a specific mission and purpose. Fasting and praying together is a way for us to more fully realize

our passion and vision for Jesus.

Others maybe are thinking that you're satisfied with your prayer life and see no reason to upset your lifestyle for three weeks in order to change things. If that's where you are, I want to challenge you in a special way. All of us need to go deeper and further with the Lord on a continuing basis. The great danger we face today is the kind of spiritual complacency that renders us useless for the Kingdom. Fasting will sharpen your spirit and put a new hunger for the Lord into your heart.

Then there are those who say, "I'd like to do this, but I don't know if I can," and I can say from experience, yes you can. Fasting is a discipline—there's no doubt about it. And it involves sacrifice and dedication. But with some effort, planning and patience, I believe in 21 short days, you'll see a noticeable difference in your life.

Will you join with me and many others as we join our hearts together for three weeks to seek breakthrough from God? As our congregation comes together in one passion and direction, I can't imagine the Kingdom power and authority unleashed among us for God's glory. Yes, God will do great things among us now and for generations to come as we diligently call out to Him.

Nothing is impossible with God,

Pastor Mike Prah

WHAT IS A FAST?

Biblical Accounts of Fasting

There are several types of fasts recorded in Scripture:

- Absolute Fast (Acts 9:9; Esther 4:16)
- Supernatural Absolute Fast (Exodus 34:28; Matthew 4:2)
- Partial Fast (Daniel 10:3)

An absolute fast is one in which the participant takes neither food nor water for a short period of time.

A supernatural absolute fast is one in which the individual takes neither food nor drink for an extended period of time (and can be sustained only by the power of God).

A partial fast is one in which the individual abstains from certain food and drink for an established period of time.

By examining the scriptures, we can draw several biblical conclusions about fasting. Scripture records accounts both of corporate and private fasting. As well, in each account, the individuals involved in fasting act in obedience to God, fully desiring His presence. We also see that fasting requires spiritual discipline, and that fasting is a discipline

meant for all of God's people (men and women, lowly and mighty, old and young).

Please note: Scripture does not specifically address the matter of children and fasting. Though we do not see examples of children fasting, we know that Esther called all of her people to fast for three days. We may conclude that any person of age to enter into a relationship with God through Christ is old enough to begin learning the spiritual discipline of fasting. However, use caution and modified fasting, as children are growing and require complete nutrition. Consult your pediatrician if your child shows interest in fasting, before they begin.

God's Spoken Word on Fasting

So, we have seen in Scripture that fasting is a spiritual discipline, meant for God's people, and there are several types of fasts. Fasting is a subject on which God does not remain silent. Not only does God define fasting for us, He also tells us exactly what fasting is *not*. We have the gift of knowing exactly what God requires of us in a fast. So, let's take a look at some of what He has to say.

Isaiah 58 HCSB)

True Fasting

58 "Cry out loudly, don't hold back!
Raise your voice like a trumpet.
Tell My people their transgression and
the house of Jacob their sins.
²They seek Me day after day and
delight to know My ways,
like a nation that does what is right
and does not abandon the justice of their God.
They ask Me for righteous judgments; they
delight in the nearness of God."

³“Why have we fasted, but You have not seen?
We have denied ourselves, but You haven’t noticed!”
“Look, you do as you please on the day of your fast, and
oppress all your workers.

⁴You fast with contention and strife to
strike viciously with your fist.
You cannot fast as you do today, hoping to
make your voice heard on high.

⁵Will the fast I choose be like this: A day
for a person to deny himself, to bow his
head like a reed,
and to spread out sackcloth and ashes?
Will you call this a fast
and a day acceptable to the Lord?

⁶Isn’t the fast I choose:
To break the chains of wickedness, to
untie the ropes of the yoke,
to set the oppressed free, and
to tear off every yoke?

⁷Is it not to share your bread with the hungry, to
bring the poor and homeless into your house, to
clothe the naked when you see him,
and not to ignore your own flesh and blood? ⁸
Then your light will appear like the dawn, and
your recovery will come quickly.

Your righteousness will go before you,
and the Lord’s glory will be your rear guard. ⁹

At that time, when you call, the Lord will
answer; when you cry out, He will say, ‘Here I
am.’ If you get rid of the yoke among you,
the finger-pointing and malicious speaking, ¹⁰
and if you offer yourself to the hungry, and
satisfy the afflicted one, then your light will
shine in the darkness, and your night will be
like noonday.

¹¹The Lord will always lead you,
satisfy you in a parched land,
and strengthen your bones.

You will be like a watered garden
and like a spring whose waters never run dry.
¹² Some of you will rebuild the ancient ruins;
you will restore the foundations laid long ago;
you will be called the repairer of broken walls,
the restorer of streets where people live. ¹³ "If
you keep from desecrating the Sabbath, from
doing whatever you want on My holy day; if
you call the Sabbath a delight,
and the holy day of the Lord honorable;
if you honor it, not going your own ways,
seeking your own pleasure, or talking too much;
¹⁴ then you will delight yourself in the Lord, and
I will make you ride over the heights of the land,
and let you enjoy the heritage of your father
Jacob."

For the mouth of the Lord has spoken.

In this passage, God outlines:

What a fast is *not* (Is. 58:3- 5),

What a fast *is* (Is. 58:6-7;9b-10a; 13) and

What we can expect when we fast rightly (Is. 58:8-9a; 10b-
12; 14).

A fast acceptable to the Lord is not: (Is. 58:3- 5),

Doing as you please

Oppressing others

Fasting with contention and strife

Fasting in action only

A fast acceptable to the Lord is to: (Is. 58:6-7;9b-10a; 13)

Break the chains of wickedness

Set the oppressed free

Tear off every yoke

Feed the hungry

Shelter the poor and homeless

Cover the shame of others

Not ignore our own flesh and blood

Get rid of the yoke among us

Stop finger-pointing and speaking maliciously

Stop desecrating the Sabbath

Stop doing whatever we want on the Sabbath

Delight in the Sabbath

Honor the Sabbath by not going our own way, seeking our own pleasure or talking too much

When we fast, we can expect: (Is. 58:8-9a; 10b-12; 14).

To recover quickly

The Lord's righteousness to go before us and His glory to guard us

For God to answer when we call

Our light to shine in darkness

The Lord to lead us, satisfy us and strengthen us

To rebuild ruins, to restore foundations and to repair brokenness

To delight ourselves in the Lord and to enjoy our godly heritage

So, according to God's spoken word to Isaiah, fasting is not merely a day of self-denial (Is. 58:5). True fasting is turning from wickedness, finger-pointing and dishonoring the Sabbath. It is, instead, welcoming the hurting and becoming repairers of the foundations of many generations.

Other Scriptures on Fasting

Matthew 6 – fasting is between a person and God

Luke 18 – we must guard against vanity when practicing spiritual disciplines, like fasting, ensuring through prayer that our motivations are pure and concerned only with God's glory

Matthew 4 – Jesus submitted to God in public baptism and went alone to fast, armed with knowledge of God's Word; angels ministered to Him after His fast and He began His public ministry. God does things in order.

Psalms 35 – we can beseech God on behalf of others when we fast

Psalms 109 – God is good and will deliver us (even our weak bodies when fasting)

Jeremiah 36 – while fasting, the Lord may reveal His displeasure and give opportunity to repent from evil.

Matthew 17 – We cannot tap into the healing power of the Holy Spirit apart from prayer and fasting

1 Corinthians 7 – affection between husband and wife must be deprived only in times of fasting and prayer

The Challenge of Fasting

Does this seem overwhelming, difficult to understand or too spiritual? That's because it is! The disciplines God calls us to as His children are beyond our ability. Apart from Christ, we can do nothing (Jn. 15:5), but with God, all things are possible (Mt. 19:26).

WHAT IS A DANIEL FAST?

A Daniel Fast is a 21-day partial fast. This type of fast is modeled after Daniel's fast in Daniel 10:3, *"I didn't eat any rich food, no meat or wine entered my mouth, and I didn't put any oil on my body until the three weeks were over."*

Daniel's Fast

Scripture records several examples of Daniel fasting. As recorded in Daniel 9, Daniel fasted in order to understand a prophecy concerning the desolation of Jerusalem and their release after 70 years in captivity. "So", he wrote, *"I turned my attention to the Lord God, to seek Him by prayer and petitions, with fasting"*(Daniel 9:3).

As Daniel prayed, he acknowledged who God is, he humbly confessed the sins of the people and he boldly and desperately pleaded with God to be merciful and compassionate. Daniel recalled that even though the people had been warned that God would fulfill His promise of destruction, they still would not turn from their sin (Daniel 9:13). Daniel knew God's people had placed themselves in the path of God's wrath, and had become an object of ridicule to those around them (Daniel 9:16).

Daniel petitioned God to show favor to His desolate sanctuary, for His own sake (Daniel 9:17). Scripture records that at the *beginning* of his petition, God heard Daniel's voice, and the answer was sent out immediately (Daniel 9:23).

Daniel's Last Recorded Fast

The next time we see Daniel, he is once again fasting and seeking the Lord. This fast, in which he receives his final prophetic vision, is Daniel's 21-day fast.

God's Answer

But though Daniel fasted and prayed for 21 days, no answer came to him. Only after his fast was complete, did the heavenly messenger come to Daniel with the answer. The heavenly messenger told Daniel that, once again, from the moment he purposed to understand and to humble himself before God, his words were heard (Daniel 10:12). Then, why did it take so long for the answer to actually get to Daniel? All we know is that as Daniel fasted for 21 days, a battle ensued in the spiritual realm. The prince of Persia opposed the heavenly messenger for 21 days, until Michael came to help him (Daniel 10:13). So, Daniel received his final prophetic vision *after* the completion of his 21-day fast.

It is interesting that Daniel fasted for 21 days, and though his prayer was heard and the answer sent out immediately, the enemy opposed the angel sent to answer him for 21 days. Oh, Church, there is great power that comes from fasting, and the enemy knows it! But greater is He that is in you, than He that is in the world (1 Jn. 4:4). Daniel's voice was heard, God cherished that voice and He prevailed in bringing the answer to Daniel. Brothers and Sisters, when you fast, do not give up. God will answer you, too!

Why We Should Fast Like Daniel

Daniel's fast is not to be emulated because of the restraint he showed in abstaining from food and drink. His fast is to

be emulated because of the condition of his heart. Daniel *mourned* for the sin of his people. Daniel *mourned* for the desolation of God's sanctuary. Daniel *mourned* for the sake of God's righteousness. Daniel *mourned* for the promised coming judgment of God's people. Where else could Daniel turn but to the very One whose holy wrath would destroy His own people, but whose unmerited mercy would save them?

So I turned... To the Lord God... And pleaded with Him... In petition and prayer... with fasting.

HELPFUL HINTS ON HOW TO FAST

1. FOCUS on the Word of God and increase prayer during a fast.
2. Fasting will increase your faith and your relationship with God.
3. During a fast, prayers must be specific. It is wise to keep a journal of your prayers and how God answers them.
4. Avoid eating a large meal before you begin to fast. This will make you even hungrier when you start your fast. Continue to eat fruit and vegetables before for at least three days before you begin to fast.
5. Drink lots of water and fluids: bottled, distilled, or purified preferably at room temperature. Do not drink tap water.
6. Day one will be the hardest day of the fast, each day actually gets easier as you pray and press your way into God.
7. Fasting strengthens your inner will. You will not starve to death by fasting. Fast until God has dealt with you or you feel a release.
8. Fasting will not impair your health; however, consult with your physician if you have any concerns. It is not recommended that a pregnant woman should fast.
9. Limit (or perhaps eliminate) your indulgence in one or more of your usual pleasure practices (i.e. TV, a favorite hobby or sport, etc.) during the 40 fasting period.

10. The victory often comes after the fast is over.

11. Wisdom should be used when breaking a fast. Do not eat food, like meats, that are hard to digest when breaking a fast. Eat fruits or vegetables and drink plenty of water before, during and after fasting.

PRAYER OF FASTING DEDICATION:

Heavenly Father, today I consecrate myself to You in the name of Your Son, Jesus Christ. I receive fresh oil from Your presence to empower me to be effective in these days of fasting and prayer.

I declare that I shall not be distracted by any device of the enemy but I shall come to a place of deliverance, breakthroughs and victory in every dimension of my life.

I receive supernatural strength from the Holy Spirit to rise above the cravings of my carnal nature. I declare that in the midst of this fast I would receive power and divine directions from the presence of God that would positively affect my destiny.

This is my season of breakthroughs and Double Portion anointing. I shall not be denied of any blessing or miracle that You have ordained for me, in Jesus mighty name, Amen.

DANIEL FAST - FOOD LIST

Foods to include in your diet during the Daniel Fast

All fruits.

These can be fresh, frozen, dried, juiced or canned. Fruits include but are not limited to: apples, apricots, bananas, blackberries, blueberries, boysenberries, cantaloupe, cherries, cranberries, figs, grapefruit, grapes, guava, honeydew melon, kiwi, lemons, limes, mangoes, nectarines, oranges, papayas, peaches, pears, pineapples, plums, prunes, raisins, raspberries, strawberries, tangelos, tangerines, watermelon.

All vegetables.

These can be fresh, frozen, dried, juiced or canned. Vegetables include but are not limited to: artichokes, asparagus, beets, broccoli, Brussels sprouts, cabbage, carrots, cauliflower, celery, chili peppers, collard greens, corn, cucumbers, eggplant, garlic, ginger root, kale, leeks, lettuce, mushrooms, mustard greens, okra, onions, parsley, potatoes, radishes, rutabagas, scallions, spinach, sprouts, squashes, sweet potatoes, tomatoes, turnips, watercress, yams, zucchini, veggie burgers are an option if you are not allergic to soy.

All whole grains.

Including but not limited to: whole wheat, brown rice, millet, quinoa, oats, barley, grits, whole wheat pasta, whole wheat tortillas, rice cakes and popcorn.

All nuts and seeds,

Including but not limited to: sunflower seeds, cashews,

peanuts, sesame (this also includes nut butters like peanut and almond butter, as long as they don't contain added sugar)

All legumes. *These can be fresh, canned or dried.*

Legumes include but are not limited to: dried beans, pinto beans, split peas, lentils, black eyed peas, kidney beans, blackbeans, cannellini beans and white beans

All quality oils,

Including but not limited to: olive, coconut, canola, grape seed, peanut and sesame

Beverages

Including but not limited to spring water, distilled water, tap water or other pure waters

Other: tofu, soy products, vinegar, seasonings, salt, herbs and spices

Foods to avoid on the Daniel Fast

All meat and animal products *including but not limited to:* beef, lamb, pork, poultry, eggs and fish

All dairy products *including but not limited to:* milk, cheese, cream, butter, half-and-half, whipped cream, ice cream, etc.

All sweeteners *including but not limited to:* sugar, raw sugar, honey, syrups, molasses, stevia, artificial sweeteners (Splenda, Sweet and Lo, etc) and cane juice

All leavened bread (*bread with yeast*): sandwich breads, sourdough, dinner rolls, Ezekiel Bread (it contains yeast and honey) and baked goods

All refined and processed food products *including but not limited to:* artificial flavorings, food additives, chemicals, white rice, white flour and foods that contain artificial preservatives

All deep fried foods *including but not limited to:* potato chips, French fries, corn chips, etc.

All solid fats *including but not limited to* shortening, margarine, lard and foods high in fat

Beverages other than water, *including but not limited to:*

coffee, tea, herbal teas, carbonated beverages, juice (unless used as a meal replacer in the event that you're juicing your own fruits and vegetables) energy drinks and alcohol

Remember, READ THE LABELS so you know the ingredients included in any prepared food.

PRAYER GUIDE

Throughout His Word God engraved prayers, which serve as models for us as we pray today. These God-breathed prayer outlines agree with Him and are, therefore, true and powerful. Always allow the Holy Spirit to lead you as you pray, even into a particular prayer outline as listed below.

The 23rd Psalm -contains the eight covenant names of God, as revealed by God to His children, describing who God is for His people. This is also effective prayer on its own. Remember every name He wears, is a blessing He shares.

•**'The Lord is my Shepherd'**

Lord, You are in control. Thank you Lord, for keeping me. You are the Good Shepherd that gives up His life for His sheep. You look after me and treat me as valuable. When I was lost, You searched for me and found me.

(Jehovah Rohi- I am God your shepherd)

• **"I shall not be in want. He makes me lie down in green pastures"**

Father, You are the God who meets my needs. You are my source and my provider. I seek Your Kingdom and its righteousness and You meet all my needs according to the riches of Your glory in Christ Jesus. I will have what I need. "Abraham named the place Yahweh-Yireh, which means "the Lord will provide"" Genesis 22:14, NLT. ***(Jehovah Jireh - I am God your provider)***

•**"He leads me beside the still waters"** and I have perfect peace in my spirit. I have faith that You are willing to lead me. "Gideon built an altar to the Lord there and named it Yahweh-Shalom, which means "the Lord is peace"" Judges 6:24, NLT. ***(Jehovah Shalom -I am God your peace-your wholeness, deliverance)***

•**"He restores my soul"** and my spiritual connection with Him. You renew my mind and make me whole. You save my soul. My relationship with You is life-giving and healing. ***"I will not make you suffer any of the diseases ...for I am the Lord who heals you."*** Exodus 15:26 NLT ***(Jehovah Rapha - I am God your healer)***

•**"He guides me in paths of righteousness for His name sake"**

I know that I have the righteousness of Christ because I have asked Your Holy Spirit to come and live in my heart. I place myself under Your

authority. ***"Now this is His name by which He will be called: THE LORD OUR RIGHTEOUSNESS" Jeremiah 23:6, NKJV (Jehovah T'sidkenu - I am God your righteousness)***

● **"Even though I walk through the valley of the shadow of death, I will fear no evil for You are with me".**

Even when I am in danger, I can count on You. I know You will never leave me or forsake me. I do not have to fear evil because I know You. You give me authority over my enemies. You make even the bad things that come into my life work out for my good. You discipline me when I fail to discipline myself. ***"the name of the city from that time on will be: THE LORD IS THERE." Ezekiel 48:35,NIV (Jehovah Shamah - I am God who is here for you, your Counselor)***

● **"You prepare a table before me in the presence of my enemies"**

I know victory is here. I believe You have me on Earth for a purpose and You will enable me to accomplish it. Even when the world works against me I have faith in You. No enemy can prevent me from achieving Your purpose for me. ***"Moses built an altar there and named it Yahweh-Nissi, which means "the Lord is my banner"" Exodus 17:15, NLT (Jehovah Nissi- God your banner of victory)***

● ***"You anoint my head with oil and my cup overflows".***

You have placed Your Holy Spirit within me and He teaches me how to be more like Your Son, Jesus. You adopted me as His brother and made me a prince under His authority. ***(Jehovah M'kadesh- "I am the LORD which sanctify you" Leviticus 20:8, NKJV)***

● **"Surely goodness and mercy will follow me forever"**

You have given me more than I need and assurance that I will live in Your Kingdom forever. (Jehovah Roha - I am God your Shepherd)

Thank You for making it so good to be alive. Amen (Let it be so)

The Lord's Prayer

"Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen." Matthew 6:9-13, NKJV

The Lord's Prayer Guide - starts foundationally with our relationship with Father God, and flows from that basic point. We show respect for and attention to God and His agenda, then move on to ours. We finish with spiritual warfare and praise. This prayer is a great prayer for accomplishing Kingdom and personal purposes in partnership with God. The Lord's Prayer Guide contains seven steps of the prayer that Jesus taught His disciples. They are as follows:

"OUR FATHER IN HEAVEN"

God loves for us to worship Him as our Father. Begin your prayer time by establishing your intimate relationship with God the Father and thank Him for making a way to know Him through His Son Jesus.

Picture Calvary and thank God that you can call Him Father and you have adopted as His beloved child by virtue of the blood of Jesus. Lift high and bless the name of God. Believe God answers your prayers, because He is a good Father and because you are in relationship to Him.

"HALLOWED BE YOUR NAME"

The power of prayer comes through the names of God. Worship Him as our Righteousness, our Sanctifier, Our Healer, Our Banner of Victory over the enemy, Our Shepherd, our Peace, our Counselor, and our Provider.

Jehovah Tsidkenu, God our righteousness

Jehovah M'Kaddesh, God who sanctifies

Jehovah Rapha, God our healer

Jehovah Nissi, God our banner of victory

Jehovah Raah, God our Shepherd

Jehovah Shalom, God our peace

Jehovah Shammah

God who is there

Jehovah Jireh,

God our provider

YOUR KINGDOM COME, YOUR WILL BE DONE

Pray on God's behalf first; for Earth to be more like Heaven. Pray for our nation, state, county and city. Pray for our Church and pastors and staff. Pray for Small Group leaders and Dream Team members. Pray for people-both saved and unsaved -including your family and co-workers and friends and more. Pray for the Holy Spirit to bind any specific assignment of the enemy against them. Loose blessing and peace and victory and strength, in Jesus name.

GIVE US THIS DAY OUR DAILY BREAD

Present your requests to God, asking specifically for His will in your life. Ask God to give you favor and prosper you. Depend completely on God, knowing that He provides exactly what we need when we need it.

FORGIVE US OUR DEBTS AS WE FORGIVE OUR DEBTORS

Ask God to forgive you of anything you have done against His will and His way. Take time for the Holy Spirit to bring to mind anyone you need to forgive and then forgive them and release them to the Lord. Continually set your will to forgive and release others from any hurts or offenses done against you and to walk in the freedom of forgiveness.

AND LEAD US NOT INTO TEMPTATION BUT DELIVER US FROM EVIL .

Now the focus of prayer is spiritual warfare. Pray for protection for you and your family and put on the whole armor of God that God has already given you listed in Ephesians 6:14-17.

You have already been given armor, listed in Ephesians 6: helmet of salvation, breastplate of righteousness, belt of truth, boots readied with the Gospel of peace, shield of faith and the sword of the Spirit (which is the Word of God).

FOR THINE IS THE KINGDOM, AND THE POWER, AND THE GLORY FOREVER

Make your faith declarations with boldness, declaring the sovereignty of God over your day, life or circumstance. Return to praise and worship and exalt God as Ruler and King. Thank Him in advance for answered prayer.

REMEMBER:

1. God says "ask". Asking is God's way of keeping us humble and focused on Him, producing dependence on God and teaching us what "fearing God" truly means. (The word "fear" means respect, faith, service, and reverence- worship. We become like what we worship.)

"Ask and it will be given to you; seek and you will find, • knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened." (Matthew 7.7-8)

"You want something but don't get it. You kill and covet, but you cannot have what you want You quarrel and fight. You do not have, because you do not ask God. When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures." (James 4.2-3)

"Be anxious about nothing, but in everything, by prayer and supplication, with thanksgiving, make your requests known to God, and the peace of God will guard your heart and mind in Christ Jesus." (Philippians 4. 13)

2. Ask according to His will. The will of God is revealed in the Bible- God's living Word. Once we know His will, we can partner with Him to call it forth. Our purpose should be to discern the will of God so we can partner with Him to accomplish it.

"This is the confidence we have in approaching God that if we ask anything according to His will, He hears us. And if we know that He hears us--whatever we ask--we know that we have what we asked of Him." (1John 5. 14-15)

3. Pray for the solution (not the problem). Telling God about a problem is actually complaining and it can help the enemy. Once we ask according to God's will and know He heard us, we then say what God says about the problem, agreeing with God for His will to come on Earth as it does in Heaven.

You have the righteousness of God in Christ. A kingdom is defined by authority and power. Paul wrote that the Kingdom of God is a matter of power and not of words.

4. God is the solution. We tend to think of God as having the solution instead of being the solution. The truth is that when God manifests His presence, life changes. When we pray God's word in faith- God will cause the world to respond -for His Glory. It is just who He is.

WARFARE PRAYERS

The first and most important step in our Christian lives happens as we invite God into our hearts, to establish His authority in our lives. Thus begins our new spiritual life as children of God and heirs to the blessings (promises) of God, which are listed throughout scripture. When we agree with God about what He says and who He is then His peace and provision and protection flow into our lives.

Another step in our journey of sanctification, the purification process, is the breaking of the enemy's hold on any part of our lives. This happens as we confront and tear down lies we believed about God, His Word, even ourselves. These lies consist of anything that disagree with God's Word and actually become strongholds when we believe and allow them to exist in our lives. Becoming aware of and intentionally taking authority over the enemy's lies is where freedom is furthered. The warfare prayers below serve as a guide towards spiritual freedom.

"Heavenly Father, I bow in worship and praise before you. I cover myself with the blood of the Lord Jesus Christ as my protection. I surrender myself completely and unreservedly in every area of my life to you. I take a stand against all the workings of satan that would hinder me in my prayer life. I address myself only to the true and living God and refuse any involvement of satan in my prayer. satan, I command you in the name of the Lord Jesus Christ, to leave my presence with all your demons. I bring the blood of the Lord Jesus Christ between us. I resist all the endeavors of satan and his wicked spirits to rob me of the will of God. I choose to be transformed by the renewing of my mind. I pull down every thought that exalts itself against the knowledge of Christ and loose into myself a sound mind, the mind of Christ."

- **General Confession**

(Romans 10:10; James 5:16, I John 1:7-9, 3:8)

"Lord Jesus Christ, I believe that you are the Son of God; that you are the Messiah come in the flesh to destroy the works of the devil. You died on the cross for my sins and rose again the third day from the dead. I now confess all my sins and repent. I ask you to forgive me and CLEANSE me now from all sin. Thank you for redeeming me, cleansing me, justifying me and sanctifying me in your blood."

- **Forgiveness (Matthew 6:14, 15; Leviticus 19:18)**

"Lord, I have a confession to make. I have not loved, but have resented certain people and have unforgiveness in my heart. I call upon you, Lord, to help me forgive them. I do now forgive (name them, both living and dead). I ask you to forgive them also, Lord. I do now forgive and accept MYSELF in the name of Jesus Christ."

- **Occult Confession (Deut. 18:10-13; Gal.5:20)**

"Lord, I now confess seeking from satan the help that should come from God. I now confess as sin (name all occult sins) and also those sins I cannot remember. Lord, I now repent and renounce those sins, and ask you to forgive me. I rebuke satan. I count all things of satan as my enemies. In the name of Jesus Christ, I now close the door on all occult practices, and I command all such spirits to leave me in the name of Jesus Christ."

(A very brief list of occult practices, channeling, astral projection, crystals, precognition or fortune telling, telepathy, clairvoyance, telekinesis, ouija board, tarot cards, good luck charms, seances, involvement with Edgar Cayce, Jean Dixon, Shirley Mclain, communication with the dead or any spirit of a human being, dead or alive {this is really communication with demons impersonating people} mind control, witchcraft, fourleaf clover, rabbit foot, wishbone, E.S.P., transcendental meditation, hypnosis, mind altering drugs, yoga, incense, dungeons and dragons, pendulum, palm reading, automatic handwriting, horoscopes, signs of zodiac, voodoo, magic, levitation, water witching, tealeaf reading, secret organizations like Freemasons, the worship of or praying to any other that the Father, Son and Holy Spirit.)

- **Pride (Proverbs 11:2, 16:18. 26:12; I Timothy 3:6)**

"Father, I come to you in the name of the Lord Jesus Christ. I know pride is an abomination to you. I renounce anything that would cause me to have pride in my heart in dealing with other people. I renounce these and turn away from them. I humble myself before you and come to you as a little child." (Study Proverbs 6:16-19. Also, remember that fasting is a means by which a person humbles himself before the Lord).

- **Unbelief and Doubt**

(John 16 8,9; Romans 11, 20, 21; Hebrews 3:7-19)

"Father, I renounce unbelief and doubt as sin, and ask you to forgive me

from these. I ask you, Father, to replace them with great confidence in your Word and great faith and trust in you."

- **Negative Spiritual and Emotional Ties**

(I Samuel 18:1; I Corinthians 6:15-16)

"Father, I break and renounce evil spiritual and emotional ties that I have had or may have and with (lodges, adulterers, close friends, husbands, wives, engagements, cults, and binding agreements between buddies). I renounce these evil ties. I break them, and wash them away with the shed blood of the Lord Jesus Christ."

- **Generational Bondage**

(Exodus 20:4-6, 34:7; Numbers 14:18)

"In the name of the Lord Jesus Christ, I now renounce, break and loose myself from all psychic powers, bandages, or bonds of physical or mental illness upon me, my family or family line as the result of parents or any other ancestors. I thank you, Lord, for setting me free."

- **Loosing of Curses, Spells, etc.**

(Numbers 14:18; James 3:9)

"In the name of Jesus Christ, I now rebuke, break and loose myself and my children from any and all evil curses, charms, vexes, hexes, spells, jinxes, psychic powers, bewitchment, witchcraft, and sorcery that have been put upon me or my family line from any persons or from any occult or psychic sources, and I cancel all connected and related spirits and command them to leave me. I break the power of any negative word that has ever been spoken against me or anyone in my family. I thank you, Lord, for setting me free."

- **Loosing from Domination**

(Deuteronomy 23:2, 18:10-12; Galatians 5:20)

"In the name of Jesus Christ I now renounce, break and loose myself from all demonic subjection to my parents, grandparents, or any other human beings, living or dead, who have dominated me in any way. I thank you, Lord, for setting me free."

- **Come to Jesus Deliverance**

(Matthew 18:18; Isaiah 11:2; I Corinthians 4:4, 6:19-20; I John 4:1)

"In the name of the Lord Jesus Christ, I command satan and all his demons to loose my mind. I ask you Father to send angels to cut and sever all fetters, bands, ties, and bonds, whether they be by word or deed. I now ask the Lord, to loose the Spirits of the Lord, listed in Isaiah 11:2, (the Spirit of the Lord, the Fear of the Lord, Counsel, Might, Wisdom, Knowledge, and Understanding) into me and my family. I come to you, Jesus, as my deliverer. You know all my needs (name them). I now loose myself from every dark spirit, from every evil influence, from every satanic bondage, from every spirit in me that is not the spirit of God, and I command all such spirits to leave me now in the name of Jesus Christ. I confess that my body is the temple of the Holy Spirit, redeemed, cleansed, and sanctified by the blood of Jesus. Therefore, satan has no place in me, no power over me, because of the blood of Jesus."

- **Restoring the Soul (Psalm 23:3; Hebrews 4:12)**

"Father, I thank you that as I am being set free by your power and learning to stand firm against the power of the devil, that my soul is being restored and returned to its proper place within me. I rebuke the devil for trying to destroy my life, and I command all spirits that have attacked my soul to loose it and let it go. I set my mind, will and emotions one hundred percent toward the service of the Lord Jesus Christ."

- **Blood of Jesus**

'Through the blood of Jesus, I am redeemed out of the hand of the devil. Through the blood of Jesus, all my sins are forgiven. The blood of Jesus Christ, God's Son, cleanses me continually from all sin. Through the blood of Jesus, I am justified, made holy, set apart unto God. My body is a temple for the Holy Spirit. I am redeemed, cleansed, sanctified, totally set free from the bondage of the devil by the blood of Jesus. Therefore, satan has no part in me and no power over me, through the blood of Jesus. I renounce satan. I loose myself from him and command him to leave me, in the name of the Lord Jesus Christ!"

PRAYING THE NAMES AND TITLES OF JESUS CHRIST

Use the following list of Jesus Christ to guide your prayer time and meditation with Him. Read the biblical names and the accompanying passage. Worship God, focusing on Him and His qualities.

Remember, every name He wears is a blessing He shares. So claim the blessings that come with His name!

- Jesus Christ is... Advocate (1 John 2:1)
- Jesus Christ is... Almighty (Rev. 1:8; Mt. 28:18)
- Jesus Christ is... Alpha and Omega (Rev. 1:8; 22:13)
- Jesus Christ is... Amen (Rev. 3:14)
- Jesus Christ is... Apostle of our Profession (Heb. 3:1)
- Jesus Christ is... Atoning Sacrifice for our Sins (1 John 2:2)
- Jesus Christ is... Author of Life (Acts 3:15)
- Jesus Christ is... Author and Perfecter of our Faith (Heb. 12:2)
- Jesus Christ is... Author of Salvation (Heb. 2:10)
- Jesus Christ is... Beginning and End (Rev. 22:13)
- Jesus Christ is... Blessed and only Ruler (1 Tim. 6:15)
- Jesus Christ is... Bread of God (John 6:33)
- Jesus Christ is... Bread of Life (John 6:35; 6:48)
- Jesus Christ is... Bridegroom (Mt. 9:15)
- Jesus Christ is... Capstone (Acts 4:11; 1 Pet. 2:7)
- Jesus Christ is... Chief Cornerstone (Eph. 2:20)
- Jesus Christ is... Chief Shepherd (1 Pet. 5:4)
- Jesus Christ is... Christ (1 John 2:22)
- Jesus Christ is... Creator (John 1:3)
- Jesus Christ is... Deliverer (Rom. 11:26)
- Jesus Christ is... Eternal Life (1 John 1:2; 5:20)
- Jesus Christ is... Gate (John 10:9)
- Jesus Christ is... Faithful and True (Rev. 19:11)
- Jesus Christ is... Faithful Witness (Rev. 1:5)
- Jesus Christ is... Faith and True Witness (Rev. 3:14)
- Jesus Christ is... First and Last (Rev. 1:17; 2:8; 22:13)
- Jesus Christ is... Firstborn From the Dead (Rev. 1:5)
- Jesus Christ is... Firstborn over all creation (Col. 1:15)
- Jesus Christ is... Gate (John 10:9)
- Jesus Christ is... God (John 1:1; 20:28; Heb. 1:8; Rom. 9:5)
- Jesus Christ is... Good Shepherd (John 10:11,14)
- Jesus Christ is... Great Shepherd (Heb. 13:20)
- Jesus Christ is... Great High Priest (Heb. 4:14)

Jesus Christ is... Head of the Church (Eph. 1:22; 4:15; 5:23)
Jesus Christ is... Heir of all things (Heb. 1:2)
Jesus Christ is... High Priest (Heb. 2:17)
Jesus Christ is... Holy and True (Rev. 3:7)
Jesus Christ is... Holy One (Acts 3:14)
Jesus Christ is... Hope (1 Tim. 1:1)
Jesus Christ is... Hope of Glory (Col. 1:27)
Jesus Christ is... Horn of Salvation (Luke 1:69)
Jesus Christ is... I Am (John 8:58)
Jesus Christ is... Image of God (2 Cor. 4:4)
Jesus Christ is... Immanuel (Mt. 1:23)
Jesus Christ is... Judge of the living and the dead (Acts 10:42)
Jesus Christ is... King Eternal (1 Tim. 1:17)
Jesus Christ is... King of Israel (John 1:49)
Jesus Christ is... King of the Jews (Mt. 27:11)
Jesus Christ is... King of kings (1 Tim 6:15; Rev. 19:16)
Jesus Christ is... King of the Ages (Rev. 15:3)
Jesus Christ is... Lamb (Rev. 13:8)
Jesus Christ is... Lamb of God (John 1:29)
Jesus Christ is... Lamb Without Blemish (1 Pet. 1:19)
Jesus Christ is... Last Adam (1 Cor. 15:45)
Jesus Christ is... Life (John 14:6; Col. 3:4)
Jesus Christ is... Light of the World (John 8:12)
Jesus Christ is... Lion of the Tribe of Judah (Rev. 5:5)
Jesus Christ is... Living One (Rev. 1:18)
Jesus Christ is... Living Stone (1 Pet. 2:4)
Jesus Christ is... Lord (2 Pet. 2:20)
Jesus Christ is... Lord of All (Acts 10:36)
Jesus Christ is... Lord of Glory (1 Cor. 2:8)
Jesus Christ is... Lord of lords (Rev. 19:16)
Jesus Christ is... Man from Heaven (1 Cor. 15:48)
Jesus Christ is... Mediator of the New Covenant (Heb. 9:15)
Jesus Christ is... Mighty God (Isa. 9:6)
Jesus Christ is... Morning Star (Rev. 22:16)
Jesus Christ is... Offspring of David (Rev. 22:16)
Jesus Christ is... Only Begotten Son of God (John 1:18; 1 John 4:9)
Jesus Christ is... Our Great God and Savior (Titus 2:13)
Jesus Christ is... Our Holiness (1 Cor. 1:30)
Jesus Christ is... Our Husband (2 Cor. 11:2)
Jesus Christ is... Our Protection (2 Thess. 3:3)
Jesus Christ is... Our Redemption (1 Cor. 1:30)
Jesus Christ is... Our Righteousness (1 Cor. 1:30)

Jesus Christ is... Our Sacrificed Passover Lamb (1 Cor. 5:7)
Jesus Christ is... Power of God (1 Cor. 1:24)
Jesus Christ is... Precious Cornerstone (1 Pet. 2:6)
Jesus Christ is... Prophet (Acts 3:22)
Jesus Christ is... Rabbi (Mt. 26:25)
Jesus Christ is... Resurrection and Life (John 11:25)
Jesus Christ is... Righteous Branch (Jer. 23:5)
Jesus Christ is... Righteous One (Acts 7:52; 1 John 2:1)
Jesus Christ is... Rock (1 Cor. 10:4)
Jesus Christ is... Root of David (Rev. 5:5; 22:16)
Jesus Christ is... Ruler of God's Creation (Rev. 3:14)
Jesus Christ is... Ruler of the Kings of the Earth (Rev. 1:5)
Jesus Christ is... Savior (Eph. 5:23; Titus 1:4; 3:6; 2 Pet. 2:20)
Jesus Christ is... Son of David (Lk. 18:39)
Jesus Christ is... Son of God (John 1:49; Heb. 4:14)
Jesus Christ is... Son of Man (Mt. 8:20)
Jesus Christ is... Son of the Most High God (Lk. 1:32)
Jesus Christ is... Source of Eternal Salvation for believers (Heb. 5:9)
Jesus Christ is... The One Mediator (1 Tim. 2:5)
Jesus Christ is... The Stone the builders rejected (Acts 4:11)
Jesus Christ is... True Bread (John 6:32)
Jesus Christ is... True Light (John 1:9)
Jesus Christ is... True Vine (John 15:1)
Jesus Christ is... Truth (John 1:14; 14:6)
Jesus Christ is... Way (John 14:6)
Jesus Christ is... Wisdom of God (1 Cor. 1:24)
Jesus Christ is... Word (John 1:1)
Jesus Christ is... Word of God (Rev. 19:13)

PRAYING THE NAMES AND ATTRIBUTES OF GOD

Use the following list of God's names and attributes to guide your prayer time and meditation with Him. Read the description about God and the accompanying passage. Worship God, focusing on Him and His qualities. Remember, every name He wears is a blessing He shares. So claim the blessings that come with His name!

A. NAMES OF GOD (HEBREW)

EL: God ("mighty, strong, prominent") used 250 times in the OT See Gen. 7:1, 28:3, 35:11; Nu. 23:22; Josh. 3:10; 2 Sam. 22:31, 32; Neh. 1:5, 9:32; Isa. 9:6; Ezek. 10:5

ELOHIM. This name means "Strength" or "Power." God is Creator, Preserver, Transcendent, Mighty and Strong. Elohim is the great name of God, signifying supreme power, sovereignty, and a covenant relationship that He is ever faithful to keep. (Genesis 17:7, 8, 6:18, 9:15, 50:24; I Kings 8:23; Jeremiah 31:33; Isaiah 40:1)

EL SHADDAI. This name means "God Almighty." It is best understood as God who is "self-sufficient", "all-sufficient", and all-bountiful—the source of all blessings, fullness, and fruitfulness. First used in Genesis 17:1, 2 (Genesis 31:29, 49:24, 25; Proverbs 3:27; Micah 2:1; Isaiah 60:15, 16, 66:10-13; Ruth 1:20, 21). In Revelation 16:7, "Lord God the Almighty."

ADONAI. This name means "Master" or "Lord." Lord in our English Bibles (Capital letter 'L ', lower case, 'ord'). God as Adonai calls all God's people to acknowledge themselves as His servants, recognizing His right to command them as the Lord of their lives. First use of Adonai, Genesis 15:2. (Exodus 4:10; Judges 6:15; 2 Samuel 7:18-20; Psalm 8:1, 114:7, 135:5, 141:8, 109:21-28)

EL ELYON: 'Most High' (from "to go up") Deuteronomy 26:19, 32:8; Psalm 18:13; Genesis 14:18; Numbers 24:16; Psalm 78:35, 7:17, 18:13, 97:9, 56:2, 78:56, 18:13; Daniel 7:25, 27; Isaiah 14:14.

EL ROI: The God Who opens our eyes. "God of Seeing". "You are the God Who sees me". (Hagar in Genesis 16:13)

JEHOVAH:

The name of God, too sacred to be uttered, abbreviated (. . . .) or written "YHWH" without vowel points (pronounced Yahweh). This is the covenant name of God. LORD in our English Bibles is noted in all capital letters.

First use in the Bible is found in Genesis 2:4. God identified Himself to Moses at the burning bush as "The Self-Existent One," Independent being - "I AM WHO I AM" or "I WILL BE WHO I WILL BE"- Exodus 3:13, 14, 15. As we consider His greatness, we fall down in fear and awe of this One who possesses all authority. (Daniel. 9:14; Psalm 11:7; Leviticus 19:2; Habakkuk. 1:12).

JEHOVAH-JIREH: "The LORD will Provide." Genesis 22:14. From "jireh" ("to see to it" or "to provide," or "to forsee or make it clear".) This name

means "the God who provides." Just as He provided yesterday, He will provide tomorrow. God always provides, adequate when the times come.

JEHOVAH-ROPHE: "The LORD Who Heals" Exodus 15:26. From "rophe" ("to heal"). God alone has the remedy for the healing of mankind. The Gospel is concerned with the spiritual, emotional, as well as the physical healing of all people (Jeremiah 30:17, 3:22; Isaiah 61:1)

JEHOVAH-NISSI: "The LORD our Banner." Exodus 17:15. God on the battlefield, from word which means "to glisten," "to lift up," See Psalm 4:6. We may go from triumph to triumph and say, "Thanks be to God, who gives us the victory through our Lord Jesus Christ" (1 Corinthians 15:57). Exodus 17:8-15

JEHOVAH-M'KADESCH: "The LORD Who Sanctifies" "To make whole, set apart for holiness." A God separate from all that is evil requires that the people who follow Him be cleansed from all evil. The Lord says: "Consecrate yourselves and be holy, because I am the Lord your God. Keep my decrees and follow them. I am the LORD, who makes you holy." (Leviticus 20:7, 8)

JEHOVAH-SHALOM: "The LORD our Peace" Judges 6:24. "Shalom" translated "peace", "whole," "finished," "fulfilled," "perfected." Related to "well," welfare." Shalom means that kind of peace that results from being a whole person in right relationship to God and to one's fellow man. ." God could never give to others a peace that exceeds understanding if He Himself were not perfect, unending peace - Philippians 4:7 (Deuteronomy 27:6; Daniel 5:26; I Kings 9:25 8:61; Genesis 15:16; Exodus 21:34, 22:5, 6; Leviticus 7:11-21)

JEHOVAH-TSIDKENU: "The LORD our Righteousness" Jer. 23:5, 6, 33:16. From "tsidek" (straight, stiff, balanced - as on scales - full weight, justice, right, righteous, declared innocent.) God our Righteousness.

JEHOVAH-ROHI: "The LORD our Shepherd" Psalm 23, from "ro'eh" (to pasture). (Psalm 79:13, 95:7, 80:1, 100:3; Genesis 49:24; Isaiah 40:11).

JEHOVAH ELOHIM: "LORD God" (Genesis 2:4; Judges 5:3; Isaiah 17:6; Zephaniah 2:9; Psalm 59:5)

JEHOVAH-SHAMMAH: "The LORD is There" (Ezekiel 48:35).

JEHOVAH-SABAOTH: "The LORD of Hosts" The commander of the angelic host and the armies of God. Isaiah 1:24; Psalm 46:7, 11; 2 Kings 3:9-12; Jeremiah 11:20 (NT: Romans 9:29; James 5:4, Revelation 19: 11-16).

B. ATTRIBUTES OF GOD

God is infinite. We cannot speak of measure, amount, size, or weight and at the same time be speaking of God, for He is beyond measurement. God has no beginning, no end, and no limits. Romans 11:33

God is omnipotent. God has power. Since God is also infinite, whatever He has must be without limit; therefore, God has limitless power. Jeremiah 32:17,18, 26,27

God is good. The goodness of God is what disposes Him to be kind, benevolent, and full of good will toward all creation. Psalm 119:65-72

God is love. God's love is so great that He gave His only Son to bring us into fellowship with Him. God's love not only encompasses the world, but embraces each of us personally and intimately. 1 John 4:7-8, 9-10

God is immutable. All that God is, He has always been. All that He has been and is, He will ever be. He cannot change because He is perfect and will remain perfect. Psalm 102:25-28

God is transcendent. We must not think of God as highest in an order of beings. This would be to grant Him eminence, even pre-eminence, but this is not enough. He is transcendent—existing beyond the created universe. Psalm 113:4,5

God is just. God rules with absolute justice. Not fooled by appearances, God is fair, equitable, and impartial in all of His judgments. Psalm 75:1-7

God is holy. God's holiness is not simply the best we know made infinitely better. God is absolutely untainted. His holiness stands apart—unique and incomprehensible. Revelation 4:8-11

God is self-sufficient. He is the One who contains all, who gives all that is given, but who Himself can receive nothing that He has not first given. Acts 17:24-26, 27-28

God is omniscient. God knows all that can be known. His knowledge includes every possible thing that exists, has ever existed, or will ever exist. Psalm 139:1-3, 4-6

God is omnipresent. God is everywhere—close to everything, next to everyone. “Do not I fill heaven and earth?” declares the Lord.” Psalm 139:7-8, 9-10, 11-12

God is merciful. God’s compassion is infinite and inexhaustible. In the mercy of His provision in Christ, He took upon Himself the judgment that was due us. He waits and works now for all people everywhere to turn to Him, not wanting any to be lost. Deuteronomy 4:29-31

God is sovereign. God is in control of our lives. His sovereignty is the attribute by which He rules His entire creation. To be sovereign, God must be all-knowing and all-powerful. 1 Chronicles 29:11-13

God is wise. All God’s acts are done in infinite wisdom. He always acts for our good, which is to conform us to Christ. Our good and His glory are inextricably bound together. Proverbs 3:19,20

God is faithful. Our hope for the future rests upon God’s faithfulness. Because He is faithful, His covenants will stand and His promises will be honored. Psalm 89:1-8

God is wrathful. God’s wrath is never capricious, self-indulgent, or irritable, as human anger often is. Instead, it is a right and necessary reaction to objective moral evil. Nahum 1:2-8

God is full of grace. Grace is the good pleasure of God that inclines Him to grant merit where it is undeserved and to forgive debt that cannot be repaid. Ephesians 1:5-8

God is our Comforter. Jesus called the Holy Spirit the “Comforter.” Paul writes that the Lord is “the God of all comfort.” 2 Corinthians 1:3,4

God is Father. The Creator of the universe cares for each one of us as if we are the only child He has. Jesus taught us to pray, “Our Father” (Matthew 6:9). The Spirit of God taught us to cry, “Abba, Father,” as in the intimacy of the family. Romans 8:15-17

God is the Church's head. God the Son, Jesus, is the head of the Church. The head—as the part of the body that sees, hears, thinks, and decides—gives the orders that the rest of the body lives by. Ephesians 1:22,23

God is our intercessor. Knowing our temptations, God the Son intercedes for us. He opens the doors for us to boldly ask Him for mercy. Thus, God is both the starting point and ending point of true prayer. Hebrews 4:14-16

CONFESSIONS OF FAITH

KNOWING WHO I AM IN CHRIST

Not sure who you really are? Read this list of Biblical truths that reveal who God made you to be.

I am complete in Him Who is the Head of all principality and power (Colossians 2:10).

I am alive with Christ (Ephesians 2:5).

I am free from the law of sin and death (Romans 8:2).

I am far from oppression, and fear does not come near me (Isaiah 54:14).

I am born of God, and the evil one does not touch me (1 John 5:18).

I am holy and without blame before Him in love (Ephesians 1:4; 1 Peter 1:16).

I have the mind of Christ (1 Corinthians 2:16; Philippians 2:5).

I have the peace of God that passes all understanding (Philippians 4:7).

I have the Greater One living in me; greater is He Who is in me than he who is in the world (1 John 4:4).

I have received the gift of righteousness and reign as a king in life by Jesus Christ (Romans 5:17).

I have received the spirit of wisdom and revelation in the knowledge of

Jesus, the eyes of my understanding being enlightened (Ephesians 1:17,18).

I have received the power of the Holy Spirit to lay hands on the sick and see them recover, to cast out demons, to speak with new tongues. I have power over all the power of the enemy, and nothing shall by any means harm me (Mark 16:17,18; Luke 10:17,19).

I have put off the old man and have put on the new man, which is renewed in the knowledge after the image of Him Who created me (Colossians 3:9,10).

I have given, and it is given to me; good measure, pressed down, shaken together, and running over, men give into my bosom (Luke 6:38).

I have no lack for my God supplies all of my need according to His riches in glory by Christ Jesus (Philippians 4:19).

I can quench all the fiery darts of the wicked one with my shield of faith (Ephesians 6:16).

I can do all things through Christ Jesus (Philippians 4:13).

I show forth the praises of God Who has called me out of darkness into His marvelous light (1 Peter 2:9).

I am God's child for I am born again of the incorruptible seed of the Word of God, which lives and abides forever (1 Peter 1:23).

I am God's workmanship, created in Christ unto good works (Ephesians 2:10).

I am a new creature in Christ (2 Corinthians 5:17).

I am a spirit being alive to God (Romans 6:11; 1 Thessalonians 5:23).

I am a believer, and the light of the Gospel shines in my mind (2 Corinthians 4:4).

I am a doer of the Word and blessed in my actions (James 1:22, 25).

I am a joint-heir with Christ (Romans 8:17).

I am more than a conqueror through Him Who loves me (Romans 8:37).

I am an overcomer by the blood of the Lamb and the word of my testimony (Revelation 12:11).

I am a partaker of His divine nature (2 Peter 1:3,4).

I am an ambassador for Christ (2 Corinthians 5:20).

I am part of a chosen generation, a royal priesthood, a holy nation, a purchased people (1 Peter 2:9).

I am the righteousness of God in Jesus Christ (2 Corinthians 5:21).

I am the temple of the Holy Spirit; I am not my own (1 Corinthians 6:19).

I am the head and not the tail; I am above only and not beneath (Deuteronomy 28:13).

I am the light of the world (Matthew 5:14).

I am His elect, full of mercy, kindness, humility, and longsuffering (Romans 8:33; Colossians 3:12).

I am forgiven of all my sins and washed in the Blood (Ephesians 1:7).

I am delivered from the power of darkness and translated into God's kingdom (Colossians 1:13).

I am redeemed from the curse of sin, sickness, and poverty (Deuteronomy 28:15-68; Galatians 3:13).

I am firmly rooted, built up, established in my faith and overflowing with gratitude (Colossians 2:7).

I am called of God to be the voice of His praise (Psalm 66:8; 2 Timothy 1:9).

I am healed by the stripes of Jesus (Isaiah 53:5; 1 Peter 2:24).

I am raised up with Christ and seated in heavenly places (Ephesians 2:6; Colossians 2:12).

I am greatly loved by God (Romans 1:7; Ephesians 2:4; Colossians 3:12; 1 Thessalonians 1:4).

I am strengthened with all might according to His glorious power (Colossians 1:11).

I am submitted to God, and the devil flees from me because I resist him in the Name of Jesus (James 4:7).

I press on toward the goal to win the prize to which God in Christ Jesus is calling us upward (Philippians 3:14).

For God has not given us a spirit of fear; but of power, love, and a sound mind (2 Timothy 1:7).

It is not I who live, but Christ lives in me (Galatians 2:20).

CONFESSIONS OF FAITH RADICAL JESUS FOLLOWER DECLARATION

Today I am stepping across the line. I'm tired of waffling and I'm finished with wavering. I've made my choice; the verdict is in and my decision is irrevocable. I'm going God's way. There is no turning back. I will live the rest of my life serving God's purposes, with God's people, on God's planet, for God's glory. I will use my life to celebrate His presence, cultivate His character, participate in His family, demonstrate His love, and communicate His Word.

Since my past has been forgiven, and I have a purpose for living and a home waiting in heaven, I refuse to waste any more time or energy on shallow living, petty thinking, trivial talking, thoughtless doing, useless regretting, hurtful resenting, or faithless worrying. Instead I will magnify God, grow to maturity, serve in ministry, and fulfill my mission in the membership of God's church.

Because this life is preparation for the next, I will value worship over wealth, "we" over "me", character over comfort, service over status, people over possessions, and position over pleasure. I know what matters most and I will give it all I've got. I will do the best I can with what I have for Jesus Christ today. I won't be captivated by this culture, manipulated by critics,

frustrated by problems, debilitated by temptation, or intimidated by the devil. I'll keep running my race with my eyes on the goal; not on the sidelines or on those running by me. When times get tough and I get tired, I won't back up, back off, back down, back out, or backslide. I'll keep moving forward by God's grace. I'm spirit-led, purpose-driven, and mission-focused so I can't be bought. I will not be compromised, and I shall not quit until I finish the race.

I'm a trophy of God's amazing grace, so I will be gracious to everyone, grateful for every day, and generous with everything that God entrusts to me. I am a radical in the original sense of the word: rooted in Christ, rooted in love, and rooted in His Word.

I hereby declare my supreme allegiance to my Lord and Savior Jesus Christ. I say this: However, whenever, wherever, and whatever You ask me to do, my answer is yes! I'm ready. Anytime. Anyway. Whatever it takes Lord; whatever it takes! I want to be used by You in such a way that on that final day I'll hear you say, "Well done, good and faithful child. Come on in and let the eternal party begin!"

"God is kind, but He's not soft. In kindness He takes us firmly by the hand and leads us into a radical life-change." (Romans 2:4, MSG)

"And many will turn away from me . . . And many false prophets will appear and will deceive many people. Sin will be rampant everywhere, and the love of many will grow cold. But the one who endures to the end will be saved." (Matthew 24:10-12, NLT)

PRAY FOR OUR CHURCH

It is God's call for all of us to Pray for our Church and Pastor! The best way to build our church is to pray daily for our church. Praying for our church is like filling a balloon with helium. The more it is filled, the more it will soar!

First, praise God always and thank Him for His many blessings He has bestowed on us individually and as a Church.

Day 1. Pray that God will pour afresh His spirit upon us and that we experience God's incomparable and incredible great power which is available to us (Gal. 1:12; Eph. 1:18-19; Phil. 3:10).

Day 2. Pray that our Church becomes more surrendered and poured out to Christ, so that can have spiritual breakthroughs by seeking the fear of God and the mind of Christ and the Spirit's leading (1 Cor. 2:16; Gal. 2:20-21).

Day 3. Pray that our members exhibit good Christian character and integrity with all of their relationships and dealings in life, for our individual blessedness and also as a positive witness of the redemptive power of Christ. (Micah 6:8).

Day 4. Pray for God's protection in exposing and defeating any plans of the enemy against our Church or attacking our pastor, leaders and ministry volunteers. Ask Christ to protect us as we wage spiritual warfare against the enemy on behalf of our Church (Eph. 6:11-12, 16; Col. 2:6-8; 1 Pet. 3:12).

Day 5. Pray for God to infuse us with a passion for evangelism. That we are inspired to share the ministry of Jesus to capture a lost world for Christ. Pray that all who cross our paths may know of Christ's Wonderful love and amazing grace

Day 6. Pray for growth in our numbers to expand God's Kingdom.

Day 7. Pray for effective ministries. Raise leaders and volunteers to stand with this ministry to foster God's work. (Luke 10:2)

Day 8. Pray for the willingness and ability to sincerely confess and repent of any wrong doing, false dependencies, misplaced ideas and loss of spiritual passion (Luke 13:1-3; Acts 2:38-39; Rev. 2:5-6).

Day 9. Pray that you and our church commits to follow the biblical mandate to support and encourage the leadership of the church (Eph. 4:11-13; 1 Tim. 5:17-18; 1 Pet. 5:1-2).

Day 10. Pray against gossip, negative criticism, false expectations, strife, pride and weariness that will seek to invade our church family (Psalm 91:5-6, 11; Luke 10:19; Eph. 4: 17, 32-5:1).

Day 11. Pray that our church be a community of grace and forgiveness. That our church has an atmosphere of encouragement from God that enables the congregation to be inspired to give genuine hospitality to all who comes through our doors. (Rom. 15:4-6; 2 Thess. 2:16-17).

Day 12. Pray that unity infuses our church so that our congregation is binding to Christ in love so the work of the Kingdom is promoted (2 Chron. 30:12; Psalm 133:1; Rom. 15:5).

Day 13. Pray that our church demonstrates genuine Christ-like love and embraces diversity, racial tolerances, and mutual respect for all people that the Lord brings to our congregation regardless of race, age, gender or ethnic background.

Day 14. Pray that our Church and congregation will have the strength and endurance that we need to serve with excellence by the power of the Spirit (Philippians 4:13).

Day 15. Pray for healing, forgiveness and reconciliation for any misplaced expectations, criticism, ungrateful attitudes, flawed thinking, grief, hurts, and abuse (Isa. 61:3; Mark 11:22-24, 2 Cor. 10:3-5; Eph. 4:32-5:1; Phil. 4:19).

Day 16. Pray that our church would receive God's direction and vision. That the congregation gets nourished from the substance of His Word and the needs of the congregation are met (Psalm 119:9-12; Matt. 18:20).

Day 17. Pray that our church becomes real authentic disciples of Christ who are learning, growing and making fruit and in turn making more disciples (Prov. 19:23; Mal. 3:11; Matt. 28:18-20; John. 15:16; Gal. 5:22-23)

Day 18. Pray that the spirit and practice of humility is utilized and practiced in and outside of our church, and that false humility and pride does not take root (1 Pet. 5:5-7; psalm 10:4; prov. 8:13).

Day 19. Pray that our church commits to place our focus on the Supremacy of Christ and be dependent upon Him (Gal. 6:14; Col. 1: 15-17)!

Day 20. Pray that our church family will give Christ real genuine praise, passionate worship and glory in private and collectively as a Church. That worship is never to be a show, entertainment or talent focused, rather God is the audience to our praise (Gal. 6:14).

Day 21. Pray that the Word of God will never be Compromised, cheapened or dumped down; rather be delivered in confidence with power, conviction, clarity, boldness, with love and in truth (Acts 6:4; Col. 1:28; 1 Tim. 2:1-2; 2 Tim. 2:15).

Day 22. Pray for discernment to seek God's leading and Direction for our Pastors and church leaders, that they seek God's ways and not trends, traditions, personal agendas or anything that is not from the Spirit and Word. Pray that they can discern and prioritize what is important and precious and what is not (Isa. 6; 2 Cor. 11:14; 2 Tim. 3:5; 1 John. 4:1; Rev. 4).

Day 23. Pray that God protects our Church, Pastor and ministry leaders from sin and misdirection and they have the wiliness and boldness to flee and confront sin (Prov. 19:23; 1 Pet. 1:16).

Day 24. Pray we all draw near to Christ and seek holiness and His presence with more prayer (Acts 1:14; 1 Thess. 5:17; Jas. 4:7-8).

Day 25. Pray that we as a church family remain faithful and good stewards to give generously, so the financial needs of our Church are met for the glory of God. (Psalm. 91:15-16; Phil. 4:19).

Day 26. Pray that our congregation is willing and able to come and support the church with grateful hands and words. (Matt. 9:37; Acts 14; 1 Tim. 3:1-7, 10-15; 5:22-23).

Day 27. Pray that negative thinking, stress, being overwhelmed, the ways of the world, being overcommitted, over busyness, fatigue, compromise, pressures, overworked, under-appreciated, and misunderstandings to not get into our Church and take over (John 14:1; Acts 6:2-4; 2 Cor. 10:3-5; Eph. 4:17).

Day 28. Pray that our members commit to pray for our church, pastors, ministry leaders, our congregation, those in need, our community and issues powerfully every day (Acts 1:14; 16:16; 1 Thess. 5:17)

PRAY FOR OUR PASTOR

“Brothers and sisters, pray for us.” (1 Thessalonians 5:25 NLT)

There is no greater gift you can give our Pastor than to pray for him. Pastors cannot win the battle alone; they need committed intercessors to lift them up in fervent, specific prayer. Imagine how the power of God might be released in our churches if Christians, everywhere, were to pray faithfully for their Pastors and leaders.

Pastors and church leaders face many opportunities and challenges each day. They wear many hats as the Pastor, counselor, preacher, teacher, manager, organizer, visionary, administrator and janitor all rolled into one with little to no free time. As well as dealing with the stresses of modern life with their family. They face greater satanic opposition because of their position. They need our help, they need our prayers!

How terrible is the condition of that minister . . . whose heart is not encouraged, whose hands are not strengthened, and who is not upheld by the prayers of his people!

Use the following prayer guide with accompanying scriptures, to pray consistently so that Pastor Prah's heart will be encouraged, his hands will be strengthened and his family will be upheld by the prayers of God's people! God will reward our efforts to cover him in prayer.

Day 1: Pray that our Pastor will love God with all his heart, soul, mind and strength. Pray that God's Spirit will work in his heart in power and that he will value and follow biblical priorities. (Deut. 6:5; Matt. 6:33)

Day 2: Pray that our Pastor will cultivate strong character and uncompromising integrity. Pray that his testimony will be genuine, and that he will never do anything that he would need to hide from others. (1 Tim. 1:5, 3:7; Eph. 6:10-12)

Day 3: Pray for his personal walk with God—that his soul and spirit will be nourished and strengthened in his quiet time with God. Pray for divine insights and inspiration during his sermon preparation. (Mark 1:35; 2 Tim. 2:15-16)

Day 4: Pray that our Pastor will counsel and teach with discernment through the wise use of Scripture and faith in God's power to work. Pray

that he will be protected from the effects of sinful or negative attitudes that he encounters as he counsels. (Mal. 2:7; James 1:5-6; John 17:15)

Day 5: Ask God to protect our Pastor's marriage and keep it strong as a model of Christ's relationship with the Church. Pray that our Pastor will tenderly cherish and lead his wife, and that she will respect and encourage her husband, submitting to his leadership. (Eph. 5:23-33)

Day 6: Pray that God will build a hedge of protection around our Pastor's marriage, and that he and his wife will be aware of the potential for any improper relationships. Pray that their family time will be protected. (Ezek. 22:30a; 2 Cor. 10:4-5; Matt. 19:6)

Day 7: Pray that God will protect our Pastor's wife from bitterness when her husband is criticized. Pray that her prayer and devotional life will be consistent, and that she will guard her mind and heart. (Heb. 12:15; Prov. 4:23)

Day 8: Pray for our Pastor's children that they will love the Lord and follow after Him. Pray that the pressures of the ministry will not discourage or embitter them. Pray that God will equip our Pastor to provide godly leadership in the home according to scriptural truth. (Eph. 6:4; Col. 3:20-21)

Day 9: Pray that God would protect our Pastor from the evil plots of Satan. Pray that he will not be corrupted as he rubs shoulders with the world in the course of ministry. (John 17:15; Is. 54:17; 2 Cor. 2:11; 1 Pet. 3:12; Ps. 9:9-10, 91:9-11)

Day 10: Pray that our Pastor will use discernment in use of e-mails, the Internet, and the media. Ask God to guard his heart concerning the use of free time. Pray that he will be morally pure and that he will wear the armor of God so that he will not fall into sexual temptation. (Rom. 13:14; 1 Pet. 1:16; Eph. 6:10-18; 2 Cor. 10:4)

Day 11: Pray that God will bring raise up godly friends and encouragers to our Pastor and his family, to assist them, to serve them, pray for them, to admonish them, to protect them, to strengthen them for the ministry and provide meaningful fellowship and times of rest. (Phil. 2:19-25)

Day 12: Pray that our Pastor will be humble and authentic in his faith, not given to pride or hypocrisy. Pray that he will have pure motives and give God glory for every gain or victory. (Micah 6:8; Gal. 6:14; John 7:17-18; 1 Cor. 10:13)

Day 13: Pray that God will keep our Pastor physically healthy. Pray that God will guide him to make wise lifestyle choices in order to protect his health, especially in the areas of exercise, eating moderately, and getting sufficient rest. Pray for times of relaxation and renewal to balance the stress of ministry. (Rom. 12:1-2; 1 Cor. 9:27, 10:13, 6:19-20; James 3:1-2)

Day 14: Pray that our Pastor will focus on the Word of God and walk in the fear of the Lord—rather than fear of man—as he prepares his messages. Pray that he will seek to please God rather than men, and pursue holiness rather than the praise of men. (Acts 6:4; Prov. 19:23; 2 Tim. 2:15; Heb. 11:6; 2 Tim. 4:1-2)

Day 15: Pray for God to equip our Pastor with leadership abilities and pray that he will make godly decisions. Pray that he will lead with a shepherd's heart, and that he will always speak the truth in love. (1 Kings 3:9; 1 Pet. 5:2; Rom. 12:6-8; Jer. 3:15)

Day 16: Pray that our Pastor will be courageous in the pulpit in proclaiming Christ, and confident in his use of the Word of God. Ask God to help him preach with insight, revelation and humility. (Col. 1:28, 4:3a; Eph. 6:19)

Day 17: Pray that our Pastor will be a "Great Commission man"—committed to personal evangelism and the equipping of the saints to seek the lost. Pray that he will have a heart to develop programs to reach out to lost in this church. (Rom. 10:15; Matt. 28:19-20; Luke 19:10)

Day 18: Pray that our Pastor will be a man of prayer and worship, and that he will lead by example—teaching the congregation how to walk in a close relationship with the Father. (1 Thess. 5:17; Acts 1:14a; Matt. 4:10; Mark 1:35; Luke 22:46)

Day 19: Pray that our Pastor will use wise time management, and that he will seek God's perspective for his schedule, guarding his time against unnecessary interruptions. (Eph. 5:15-16; Col. 4:5; Ps. 90:12; John 9:4)

Day 20: Pray for a fresh divine anointing on our Pastor's ministry. Pray that God's glory will be powerfully evident both in his personal life and the spiritual life of the congregation. (1 Cor. 9:27; 2 Tim. 1:7; Rom. 15:18-19a)

Day 21: Pray that our Pastor will not give in to discouragement, but will deal with inevitable criticism and conflict by committing himself into the hands of God, who judges righteously. (1 Pet. 2:23)

Day 21: Pray that our Pastor will practice servant leadership, edifying the congregation with wisdom and serving with God's "agape" love. (Gal. 5:13b; Eph. 6:7; Mark 10:43b-45, 9:23-24; John 13:5-9; Phil. 2:3-4)

Day 22: Pray for spiritual unity in the church and among the spiritual leadership of the church. Pray that the enemy will not be allowed to create divisions, strife, or misunderstanding among the church body. (Rom. 14:19; 1 Cor. 12:25)

Day 23: Pray that God will give our Pastor a clear, biblical vision of what our church can be and should be for His glory, and that he will communicate that vision clearly and confidently to the church. (Prov. 29:18; John 15:16, 17:17; 2 Tim. 3:5; Mal. 3:11)

Day 24: Pray that our Pastor will seek God for personal revival, and revival in our church and community. (2 Chron. 7:14; Ps. 69:32)

Day 25: Pray that our Pastor will think biblically, with the mind of Christ. (1 Cor. 2:16; Col. 2:6-8; Eph. 4:17)

Day 26: Pray that he will earnestly seek God's will and be committed to instant and complete obedience—ready for God to work powerfully in and through his ministry. (2 Cor. 10:3-5; Luke 9:23-24)

Day 27: Pray that he will strive for personal excellence and will believe God for all He wants to do in the congregation. (2 Pet. 1:3; Col. 3:23-24)

Day 28: Pray that our Pastor will be a man of faith and passionate love for God, not giving in to worries, fears, or an uptight and anxious spirit. (1 John 4:18; Prov. 3:5-6)

Day 29: Ask God to provide for the financial needs of our Pastor and his family. Pray that he will be a wise steward of both personal finances and church funds. (Phil. 4:19; Heb. 13:5; 1 Tim. 6:11; Ps. 37:25)

Day 30: Ask God to heal any hurts that our Pastor has suffered in the ministry. Pray that he will serve the Lord with gladness, and encourage the congregation to worship God with a joyful, surrendered spirit. (Is. 61:3)

PRAYER SCRIPTURES & PRAYERS OF THE BIBLE

Why should you pray Scriptures?

The easiest answer is that whenever you pray through, in and from Scripture, you need never wonder whether you are praying according to God's will. Prayer is not a means by which we get God to give us what we want. Prayer is a means God uses to give us what He wants. The Bible tells us what God wants.

God will always act in a manner consistent with His Word. He will always do what the Bible says He will do. One great way to begin your prayer time is to choose a key scripture from the message or lesson, and to pray that verse the entire week. Also pray the prayers of the Bible.

Jacob's Desperate prayer at Peniel	Genesis 32
Moses Prayer for deliverance from Egypt	Exodus 15
Moses asks to See God's glory	Exodus 33
God's priestly blessing	Numbers 6:22-27
Moses' Prayer	Deuteronomy 32
Moses blesses the people of Israel	Deuteronomy 33
Joshua's prayer after defeat at Ai	Joshua 7
Hannah's prayer for a son and her thanksgiving	1 Samuel 1; I Samuel 2
Solomon's Prayer for wisdom	1 Kings 3; 2 Chronicles 1
Solomon's prayer at the dedication of the temple	1 Kings 8 2 Chronicles 6
Elijah's prayer at Mt Carmel	1 Kings 18
Prayer of Jabez	1 Chronicles 4:9-10
David's Psalm of Thanksgiving	1 Chronicles 16
David's Prayer	1 Chronicles 17
David's prayer following God's promise of lasting succession	1 Chronicles 17: 2 Samuel 7
Prayers of Isaiah	Isaiah 25; 26, 33; 37:14-20; 38:1-8; 43; 53; 58; 61; 63; 64
Jeremiah's Prayers	Jeremiah 12; 20; 32
Jeremiah laments for the fall of Jerusalem	Lamentations 3
Daniel's Prayers	Daniel 2; 4; 9
Jonah's Prayer	Jonah 2
Habbakuk's Prayer	Habbakuk 1; 3
Paul's Prayers	1 Cor. 1:4-9; 2 Cor. 1:3-4; 8-11; Gal 1:3-4; 1 Thess 1:2-3; Eph 1:16-23; Eph 3:16-21; Col 1:1-3; 9-14; Phil 1:6, 9-11; 2 Thess. 1:3-12; 1 Tim 1:12-17

Mary's Thanksgiving	Luke 1:46-55
Zechariah's Prayer	Luke 1:68-79
The Church's prayer in the face of threats	Acts 4:23-31
Jesus's prayer	Matt 6:9-13; Matt 26:36-44; Mark 14:32-39; John 17
Praying the Psalms	Psalms 5, 8, 16, 18, 19, 23, 25, 27, 28, 29, 30, 30, 31, 32, 33, 34, 37, 40, 46, 51, 139

Devotional Plan

During these 21 days of fasting, we encourage you to spend a dedicated portion of your day reading the Bible. If you don't know where to begin, find a devotional plan to guide your prayers and your reading of God's word. There are many great devotionals available online, or through your smart phone or device. Some great online resources are:

Youversion Bible App (select from various devotions and bible reading plans)

biblegateway.com/devotionals

THE DANIEL FAST



For more information or resources, visit our
website at www.favorlife.org